



**How are you
feeling today**

Here starts
the lesson!

Positive(正面) feelings



Excited

興奮的



Amazed

十分驚奇的



Delighted

高興的



Relaxed

輕鬆自在的



Idioms (慣用語) about happiness



On cloud nine

非常心滿意足，就像飛上雲端

Example



Ben and Mary won the jackpot(頭獎)in the lucky draw.
They are **on cloud nine**!



Over the moon

欣喜若狂

Example



Sarah just won the 100m running competition(比賽).
She is **over the moon**!

Negative(負面) feelings



Confused

不清楚的

Exhausted

精疲力竭的



Disappointed

失望的，沮喪的

Nervous

緊張不安的



Idioms (慣用語) about sadness



Feel blue

感到悲傷，壓抑

Example



I **feel blue** because I
lost my cat.



Down in the dump

心情低落

Example



I am **down in the dump**
because my father was
angry with me.

Emotion tips!

Show care to the classmate who look sad in class.



When you first meet him,
you may say

You look....
(你看起來很...)

Are you ok?

When he told you about the
sad feeling, you may say:

**I am so sorry to
hear that.**
(我聽了真感難過)

Example 1

I am so sorry to hear that.
I hope you can get a
better grade(成績) next
time.

You look
disappointed.
Are you ok?

I am so
disappointed with
my examination
result.



More examples!

You look
exhausted
(精疲力竭).
Are you ok?



You look
nervous
(緊張不安).
Are you ok?



Emotion tips!

Share your happiness
to your classmate



When you want to tell good
things to others, you may say:

**Hi, I have some great
news!**
(我有些好消息!)

When you want to express
your feelings, you may say:

I am so because

Example 2

I am so **delighted**
because I won
the drawing
competition(比賽)!

Congratulation!
(恭喜)

Hi Ben. I have
some great
news!

What happened?



More examples!

I am so **amazed**
because my mother
gave me a smart
phone as a gift.



I am so **excited**
because I will travel
to Japan tomorrow!



Let's practice! [練習]

- 請按以下連結，然後輸入班別及學號，完成練習。
- https://kahoot.it/challenge/09395819?challenge-id=a20fadd9-78fc-4182-9164-0b005f813062_1652317979932



Excited



Amazed



Confused